

# Curriculum Vitae

## Personal Data

Name	Leon Chen
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## Degrees

Gansu College of Traditional Chinese Medicine, O.M.D., 1985 in LanZhou, China

## Current Position

Director, East West Healing Center  
O.M.D., L.Ac. Licensed for Acupuncture and Bodywork in the United States

## Previous Positions

July 2002 - Full Professor of Traditional Chinese Medicine, Hospital of Gansu College of Traditional Chinese Medicine

1998-2002 - Associate Professor of Traditional Chinese Medicine, Hospital of Gansu College of Traditional Chinese Medicine

1999-2002 - Supervisor for Master Students in Chinese Orthopedics and Traumatology, Gansu College of Traditional Chinese Medicine

1991-1997 - Chief Doctor and Departmental Head, Gansu Province LanZhou Chinese Medicine Orthopedics and Traumatology Hospital

1989-1990 - Team doctor, Gansu Province wrestling team

1986-1989 – Resident, Gansu Province LanZhou Chinese Medicine Orthopedics and Traumatology Hospital

## Specialties

Use of TuiNa ( manipulation ) treatment for injury of bone, muscle, tendon, ligament and joint dislocation, prolapse of the lumbar and cervical intervertebral disc, cervical vertebra syndrome, peri-arthritis of the shoulder, osteoarthritis, tenosynovitis, etc.

Use of acupuncture and herbs for treatment of many conditions, ailments and diseases, including but not limited to: gynecological, immune and digestive system, children's, miscellaneous internal damage diseases, rheumatoid arthritis, osteoporosis, paraplegia, pain management, etc.

Teaches DunHuang Buddhist Qi Gong

## Book Publications

1. Chief Editor, *Clinical Orthopedic Diagnostic Methods – A Practical Guidebook*, Gansu Province People Publisher, 2001
2. Chief Editor, *TuiNa, Comprehensive Manual of Chinese Medical Bodywork*, Lanzhou University Press, 2002
3. Editor, *Scientific Dictionary of Chinese Orthopedics and Traumatology*, Chinese Medicine Press, 2001
4. Editor, *Joint Dislocation and Sprain Injury*, Lanzhou University Press, 2000
5. Editor, *Modern Traditional Chinese Orthopedics*, Chinese Medicine Press, 2004

## Journal Publications

1. "The ZheDing manipulation treatment for dislocation of lower part of radius shaft." *Chinese Journal Orthopedics and Traumatology* 1990; 2, 24.
2. "Detumescence and acesodyne mechanism of medicine of invigorating blood circulation and dissolving the stagnant." *Chinese Journal of Traditional Medical Traumatology and Orthopedics* 1990; 4,52.
3. "Clinical experience of using Cuo Shang Miao Tong herbs to treat acute lumbar sprain." *Chinese Journal of Orthopedics and Traumatology* 1991; 1,29.
4. "Diagnosis and manipulation treatment of meniscus injury of lateral knee joint combined with locked symptoms." *Chinese Journal of Traditional Medical Traumatology and Orthopedics* 1991; 5,36.
5. "Acupuncture treatment of fat pad inflammation under knee cap." *Journal of Traditional Chinese Orthopedics and Traumatology* 1992; 2,38.
6. "Diagnosis and treatment on the basis of an overall analysis of the illness and the patient's condition of using drugs in orthopedics." *Journal of Gansu College of Traditional Chinese Medicine* 1995; 8,30.
7. "Clinical experiment of manipulative reduction of the reverse replacement fracture of lateral condyle of humerus." *Journal of Gansu College of Traditional Chinese Medicine* 1997; 4,20.
8. "Manipulation and Chinese medicine cure of shoulder joint peripheral inflammation." *Journal of Gansu College of Traditional Chinese Medicine* 1998; 1,36.
9. "Pathogeny analysis and therapeutic experience of 1,368 cases of injury of ankle joint." *Journal of Traditional Chinese Orthopedics and Traumatology* 1998; 2,15.
10. "Clinical research on treatment of soft tissue with Mefengxiaozhong herbal medicinal paste." *Chinese Journal of Traditional Medical Traumatology and Orthopedics* 1998; 1,37.
11. "Development of pathogeny, diagnosis and treatment of congenital muscular wryneck." *Journal of Gansu College of Traditional Chinese Medicine* 1998; 15,23.
12. "Report of 5 cases of carpal dislocation by manipulation treatment." *Journal of Traditional Chinese Orthopedics and Traumatology* 1998; 5,24.
13. "Study on scientific thinking of Prof. Xianzhang Guo." *Journal of Gansu College of Traditional Chinese Medicine* 1999; 4,23.
14. "Clinical experience of 9 cases of manipulation and Traditional Chinese Medicine treatment of stiffness rachitis." *Journal of Gansu College of Traditional Chinese Medicine* 2000; 3,17.
15. "Report of 7 cases of dislocation of cervical vertebra joint with maneuver reduction treatment." *Chinese Journal of Traditional Medical Traumatology and Orthopedics* 2000; 6,47.

16. "Study of Dun Huang Qi Gong Skill." *Chinese Journal of Orthopedics and Traumatology* 2001; 5,32.
17. "The foundation and evaluation of animal osteoporosis experiment." *Chinese Journal of Traditional Medical Traumatology and Orthopedics* 2001; 3,55.
18. "Zeng Gu Wan impact on the biochemistry of blood, urine and bone morphology of osteoporosis of Wistar rat after ovary removal." *Journal of Traditional Chinese Orthopedics and Traumatology* 2002; 3, 6.
19. "Study of the pathology mechanism of osteoporosis after menopause caused by lack of estrogen." *Journal of Traditional Chinese Orthopedics and Traumatology* 2002, 3,53.
20. "Study of manipulation reduction treatment of carpal joint dislocation." *Journal of Gansu College of Traditional Chinese Medicine* 2002; 1,22.
21. "Effect of Chinese medicine Zeng Gu Wan on bone quality and bone bio-dynamics of osteoporosis in the ovaries of rats." *Chinese Journal of Traditional Medical Traumatology and Orthopedics* 2002; 3,7.

### **Awards**

1. First Prize for "Clinical Study and Final Report of Mefengxiao zhong" at the Second World Symposium on Traditional Chinese Orthopedics in Beijing, China, in May, 1998.
2. Third Prize for " Pathogeny analysis and therapeutic experience of 1368 cases of ankle injury" .at Gansu College of TCM. In May 1998.
3. First Prize, Outstanding Teacher Award at Gansu University of Traditional Chinese Medicine in 2001.
4. Honored as an "Excellent Professor" at Gansu College of TCM. In December 2001.
5. First prize for "The effect of Chinese Medicine ZengGuWan on the biochemistry of osteoporosis blood-urine and bone shape due to the removal of ovaries in rats" at the fourth World Symposium on Traditional Chinese Orthopedics in HangGang in March, 2002.
6. Second Prize for "The effect of TCM Zengguwan on osteoporosis rat model" . at the Education Department of Gansu province in China. In October, 2002.

### **Patents**

1996 National Patent in China for an herbal combination used to subdue swelling and relieve pain

### **Other Academic Posts**

The first World Chinese Medicine Bone Injury Congress, Committee Member and Deputy Secretary

The second World Chinese Medicine Bone Injury Congress, Committee Member and Vice President

World Chinese Medicine Bone Injury Journal, Assistant Editor (journal registered in USA), 2000

Adjunct Professor, Malaysian Academy of Chinese Medicine (Bone Injury), 2000

Editorial Board, China Chinese Medicine Bone Injury Journal, from 2002-06

Vice President, Gansu Province Chinese Medicine Bone Injury Executive Committee, from 1995-2002

### **Invitational speaking engagements at International Conferences**

The second World Symposium on Traditional Chinese Orthopedics in Beijing in May, 1998

The fourth World Symposium on Traditional Chinese Orthopedics in HangGang in March, 2002

Visiting Professor at Malaysia Institute of Acupuncture and Orthopedics Traumatology for two months in 1999

### **Successful Research Grants**

Biomechanics research on the Manipulation Origin (the three steps and ten ways) in the treatment of prolapse of the lumbar intervertebral disc, cervical vertebra syndrome, and hyperplastic arthritis.

Acupuncture and Bodywork therapy research, treatment for paraplegia and asthma

Chinese herbal medicine research, invention of external Mefangxiaozhong medicine, treatment for injury and arthritis

### **Professional Memberships**

Member of World Federation of Traditional Chinese Orthopedics

Member of China Institute of Acupuncture

### **Other Honors**

1. The author was interviewed by LanZhou *Daily News* on Feb 18, 2003. The headline of the article was "Great achievements by great efforts, report on Prof. Chen – a famous expert in Traditional Chinese Medicine orthopedics and traumatology."
2. The scientific thinking of the author was reported by *Journal Traditional Chinese Orthopedics & Traumatology* 2003; 15, 2. entitled "My opinion of the application of Traditional Chinese Medicine treatment in Orthopedics and Traumatology".

### **References**

Prof. YiZong Wei.

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Prof. XianZhang Guo .

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